II – Nutrition Services

(Please indicate) **State Agency:** North Carolina for **FY** 2025

Nutrition services include the full range of activities performed by a variety of staff to operate a WIC Program such as, participant screening and assessment, nutrition education and counseling, breastfeeding promotion and support and health promotion, food package prescriptions, and health care referrals. WIC State agencies should refer to the WIC Nutrition Service Standards, available WIC Works Resource System at Home | WIC Works Resource System (usda.gov) for recommended criteria and best practices to incorporate activities that are consistent with providing quality nutrition services and revitalizing quality nutrition services (RQNS).

During disasters, emergencies, public health emergencies, or a supply chain disruption, the State agency may request to implement existing and allowable regulatory flexibilities or waivers to support the continuation of Program benefits and services. Waivers granted under Access to Baby Formula Act of 2022 (codified at 7 CFR 246.4a(30)) or temporary provision(s) authorized by Congress are not permanent amendments to the State Plan and should not be reflected in answers below. Instead, waiver flexibilities impacting Program benefits and services should be recorded in Appendix C. However, State agencies should consider any historical amendments as a result of waivers granted under prior waiver authority to develop policies and procedures for current and future disasters.

In April 2024, the final Food Package Rule was issued. State agencies will be required to implement the provisions outlined in the rule by the prescribed due dates. To assist State agencies with implementing the new provisions, WIC Policy Memorandum #2024-5: Implementing the Provisions of the *Special Supplemental Nutrition Program for Women, Infants, and Children (WIC): Revisions in the WIC Food Packages* Final Rule was issued on April 23, 2024. As State agencies plan to meet the new provisions, they should also consider any potential impacts to their MIS, where applicable.

A. Nutrition Education-7 CFR 246.4(a)(9); 246.11(a)(1-3) (c)(1,3-7): describe the nutrition education goals and action plan and the provisions for providing nutrition education contacts and materials to all participants including the special nutrition education needs of migrant farmworkers and their families, Native Americans, and homeless persons. Also describe methods to be used to provide drug and other harmful substance abuse prevention information. Establish standards for breastfeeding promotion and support including the development and/or maintenance of a peer counselor program consistent with the WIC Breastfeeding Model Components for Peer Counseling.

B. Food Package Design-7 CFR 246.10: describe the procedures for determining which foods should be authorized and how the food package should be nutritionally tailored and by whom and plans for substitutions or eliminations to WIC food package.In addition to regulations at 246.10, State agencies should refer to the Food Package Guidance Handbook and Frequently Asked Questions.

C. Staff Training- 7 CFR 246.11(c)(2): describe the training and technical assistance provided to WIC professional and paraprofessional personnel who provide nutrition education, and breastfeeding promotion/education to participants.

II – Nutrition Services

A. Nutrition Education

1. **Nutrition Education Plans** *(7 CFR 246.11)*

a. **The State agency develops and coordinates the nutrition education component with consideration of local agency plans, needs, and available nutrition education resources.** *(246.11(c)(1))*

☒ Yes ☐ No

b. **The State agency monitors local agency activities to ensure compliance with provisions set forth in paragraphs** *246.11*(c)(7), (d), **and** (e) **of this section.** *(246.11(c)(5))*

☒ Yes ☐ No ☐ N/A, State agency has no authorized local agencies

c. **The local agency develops an annual nutrition education plan that is consistent with the State's nutrition education component of Program operations.** *(246.11(d)(2))*

☒ Yes ☐ No ☐ N/A, State agency has no authorized local agencies

d. **The State agency requires that local agency nutrition education include:**

☒ A needs assessment
☒ Relevant information for healthier outcomes
☒ Evaluation/follow-up
☐ Other (list): _____

e. **The State agency monitors local agency progress toward meeting nutrition education goals, nutrition education action plans, and objectives via:**

☐ Quarterly or annually written reports
☒ Year-end summary report
☐ Annual local agency reviews
☒ Other (specify): Agreement Addendums

f. **State policies reflect the definition of "nutrition education" as defined in** 7 CFR 246.2 **and in the Child Nutrition Act. The definition is "Nutrition education means individual and group sessions and the provision of materials that are designed to improve health status and achieve positive change in dietary and physical activity habits, and that emphasize the relationship between nutrition, physical activity, and health, all in keeping with the personal and cultural preferences of the individual."**

☒ Yes ☐ No

ADDITIONAL DETAIL: Nutrition Services Supporting Documentation: North Carolina WIC

2. **Annual Assessment of Participant Views on Nutrition Education and Breastfeeding Promotion and Support**

a. **Is an annual Assessment of Participant Views on Nutrition Education and Breastfeeding Promotion and Support conducted?**

☐ Yes ☒ No

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b. Check below the method(s) used in the past fiscal year to assess participant views on nutrition education and breastfeeding promotion and support provided by WIC:

☐ State-developed questionnaire issued by local agencies

☒ Locally-developed questionnaires (need approval by SA)

☐ State-developed questionnaire issued by State agency

☐ Focus groups (questionnaires need approval by SA)

☒ Other (Specify): Statewide NWA Participant Survey

c. Results of participant views are:

☐ Used in the development of the State Plan

☐ Used in the development of local agency nutrition education plans and breastfeeding promotion and support plans

☒ Other (specify): Local Agency Specific efforts

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

_____

3. Nutrition Education *(7 CFR 246.11(a)(1-3)*: *(1) Nutrition education shall be considered a benefit of the program, and shall be made available at no cost to the participant. Nutrition education shall be designed to be easily understood by participants, and it shall bear a practical relationship to participant nutritional needs, household situations, and cultural preferences including information on how to select food for themselves and their families. Nutrition education shall be thoroughly integrated into participant health care plans, the delivery of supplemental foods, and other Program operations. (2) Nutrition education is made available to all participants. Nutrition education may be provided through the local agencies directly, or through other agencies. At the time of certification, the local agency shall stress the positive, long-term benefits of nutrition education and encourage the participant to attend and participate in nutrition education activities. However, individual participants shall not be denied supplemental foods for failure to attend or participate in nutrition education activities. (3) The State agency shall ensure that local agencies provide drug and other harmful substance abuse information to all pregnant, postpartum, and breastfeeding women and to parents or caretakers of infants and children participants. Drug and other harmful substance abuse information may also be provided to pregnant, postpartum, and breastfeeding women and to parents or caretakers of infants and children participating in local agency services other than the Program.)*

a. The State agency assures that each local agency offers adult participants, parents, or caretakers of infant and child participants, and whenever possible, the child participants themselves at least two (≥2) nutrition education contacts per 6 month certification period, and quarterly nutrition education contacts to participants certified in excess of 6 months, to ensure adequate nutrition education in accordance with 7 CFR 246.11(e) via:

☐ Local agency addresses in the annual nutrition education plan

☒ State nutrition staff monitoring annually during local agency reviews

☐ Local agency providing periodic reports to State agency

☐ Other (specify): _____

b. As required per Federal regulations, the State agency has developed minimum nutrition

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education standards for the following participant categories:

☒ Pregnant women ☒ Breastfeeding women ☒ Postpartum women

☒ Children ☒ Infants ☐ High-risk participants

These minimum nutrition education standards address the following topics:

☒ Exit counseling ☒ Protocols (e.g., Language barriers, cultural relevance)

☒ Number of contacts ☒ Documentation ☒ Information on substance use prevention

☒ Care plans ☒ Referrals ☒ Nutrition topics relevant to participant assessment

☒ Counseling methods/teaching strategies ☒ Breastfeeding promotion and support

☒ Content (WIC appropriate topics)

☒ Appropriate use of educational reinforcement (videos, brochures, posters, etc.)

c. The State agency allows the following nutrition education delivery methods:

☒ Face-to-face, individually or group

☒ Online/internet (individually or group)

☒ Telephone

☒ Food demonstration

☒ A delivery method performed by other agencies, (i.e., EFNEP, SNAP-Ed). Please describe the type of nutrition education delivered. Group or individual sessions

☐ Other (specify): _____

d. The State agency ensures that nutrition risk data is used in providing appropriate nutrition education by:

☒ Individual nutrition education contacts tailored to the participant's needs

☒ Group nutrition education contacts relevant to the participant's needs (please explain how appropriate group nutrition classes are identified and offered to the participant.)

If a local agency provides gro

☒ Other (specify): Local agencies may utilize mi

e. An individual care plan is provided based on:

☐ Nutritional risk

☐ Priority level

☐ Healthcare provider's prescription

☐ CPA discretion

☐ Participant set goals based on nutrition assessment

☒ Other (specify): Required for all participants.

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f. Individual care plans developed include the following components:

	Must Include	May Include
Individualized food package	◉	○
Identification of nutrition-related problems	◉	○
Nutrition education and breastfeeding support	◉	○
A plan for follow-up	◉	○
Referrals	○	◉
Timeframes for completing care plan	○	◉
Documentation of completing care plan	○	◉
A practical relationship to a participant's nutritional needs, household situations, and cultural preferences including information on how to select food for themselves and their families	◉	○
Participant set goal	◉	○
Other (Specify by typing into the cells below)		
_____ _____ _____	○	○

g. Check the following individuals allowed to provide general or high-risk nutrition education:

	General Nutrition Education	High-Risk Nutrition Contact
Paraprofessionals (non-B.S. degree with formal WIC training by SA or LA)	■	☐
Licensed Practical Nurses	■	☐
Registered Nurses	■	■
B.S. in Home Economics	■	☐
B.S. in the field of Human Nutrition	■	■
Registered Dietitian or M.S. in Nutrition (or related field)	■	■
Dietetic Technician (2-year program completed)	■	☐
Other (specify by typing into the cells below):		
Physician, Physician Assistant, Nurse Practitioner	■	■

h. The State agency allows adult participants to receive nutrition education by proxy, per 7 CFR 246.12(r)(1-4).

○ No

◉ Yes (If yes, check the applicable conditions below):

- ■ Proxy is a spouse/significant other
- ■ Proxy is a parent of adolescent participant
- ■ Proxy is a neighbor
- ■ Other (specify): Any proxy may receive nutriti
- ☐ Only for certain priorities (specify): _____

i. The State agency allows parents/guardians of infant and child participants to receive nutrition education by proxy.

○ No

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◉ Yes (If yes, check the applicable conditions below):

- ☒ Proxy is a grandparent or legal guardian of infant or child participant
- ☒ Proxy is a neighbor
- ☒ Other (specify): Any proxy may receive nutriti
- ☐ Only for certain priorities (specify): _____

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

_____

4. **Nutrition Education Materials** ***(7 CFR 246.11(c)(1,3,4,6,7)****: The State agency shall (1) develop and coordinate the nutrition education component of Program operations with consideration of local agency plans, needs, and available nutrition education resources; (3) identify or develop resources and educational materials for use in local agencies, including breastfeeding promotion and instruction materials, taking reasonable steps to include materials in languages other than English in areas where a significant number or proportion of the population needs the information in a language other than English; (4) develop and implement procedures to ensure that nutrition education is offered to all adult participants and to parents/caregivers of infant or child participants, as well as child participants whenever possible; (6) establish standards for participant contacts that ensure adequate nutrition education in accordance with paragraph 246.11(e); and (7) establish standards for breastfeeding promotion and support, including a positive breastfeeding supportive clinic environment, a local agency breastfeeding coordinator, breastfeeding promotion, and support for new staff.)*

a. **The State agency shares material with the Child and Adult Care Food Program (CACFP) at no cost:**

☒ Yes ☐ No

If applicable, list other agencies: Minority Outreach Coordinatc

If yes, does a written material sharing agreement exist between the relevant agencies, per 7 CFR 246.4(a)(9)(ii)?

☒ Yes ☐ No

b. **The State agency recommends and/or makes available nutrition education materials for the following topics:**

c.

	English	Spanish	Other languages (specify by typing into the cells below):
General nutrition	☑	☑	_____
Specific nutrition-related disorders	☑	☑	_____
Maternal nutrition	☑	☑	_____
Infant nutrition	☑	☑	_____
Child nutrition	☑	☑	_____
Nutritional needs of homeless	☐	☐	_____
Nutritional needs of migrant farmworkers & their families	☐	☐	_____

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Nutritional needs of Native Americans	☐	☐	
Nutritional needs of adolescent participant	☐	☐	
Breastfeeding promotion and support (including troubleshooting problems)	☑	☑	Arabic
Danger of harmful substances (alcohol, tobacco and other drugs), as well as secondhand smoke during pregnancy and breastfeeding	☑	☑	
Food Safety	☑	☑	
Physical activity	☑	☑	
Other (specify by typing into the cells below):	☐	☐	
Lead poisoning	☑	☑	
Folic Acid	☑	☑	
Obesity Prevention	☑	☑	

Attach a listing of the nutrition education resources available from the State agency or other sources for use by local agencies or specify the location in the Procedure Manual and reference below.

d. The State agency follows written procedures to ensure that nutrition education materials recommended/made available are appropriate in terms of the following:

☒ Content ☒ Reading level/language ☒ Graphic design ☒ Cultural relevance

☐ Other (specify):_____

e. Locally developed nutrition education materials must be approved by State agency prior to use.

☐ Yes ☒ No

If no, State agency requires local agency to follow a standardized format for evaluating nutrition education materials.

☐ Yes ☒ No

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

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5. Nutrition Education Needs of Special Populations

The State agency tailors its nutrition education efforts to address the specific needs of migrant farmworkers (M), homeless individuals (H), substance-abusing individuals (S), and/or breastfeeding women (B) through (check all that apply):

M	H	S	B	
☐	☐	☐	☑	Providing nutrition education materials appropriate to this population and language needs
☐	☐	☐	☑	Providing nutrition curriculum or care guidelines specific to this population
☐	☐	☐	☑	Requiring local agencies who serve this population to address its special needs in local agency nutrition education plans

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☐	☐	☐	☑	Arranging for special population training of local agency personnel who work with this population
☐	☐	☐	☑	Distributing resource materials related to this population
☐	☐	☐	☑	Encouraging WIC local agencies to network with one another
☐	☐	☐	☑	Coordinating at the State and local levels with agencies who serve this population
				Other (specify by typing into the cells below):
☐	☐	☐	☐	_____

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

North Carolina WIC Program

6. Breastfeeding Promotion and Support Plan

a. The State agency coordinates with local agencies to develop a breastfeeding promotion plan that contains the following elements (check all that apply):

- ☒ Activities such as development of breastfeeding coalitions, task forces, or forums to address breastfeeding promotion and support issues
- ☒ Identification of breastfeeding promotion and support materials
- ☒ Procurement of breastfeeding aids which support the initiation and continuation of breastfeeding (e.g., breast pumps).
- ☒ Training of State/local agency staff
- ☒ Designating roles and responsibilities of staff
- ☒ Evaluation of breastfeeding promotion and support activities
- ☐ Other (specify): _____

b. The State agency has established minimum protocols for breastfeeding promotion and support which include the following (check all that apply):

- ☒ A policy that creates a positive clinic environment which endorses breastfeeding as the preferred method of infant feeding
- ☒ A requirement that each local agency designate a local agency staff person to coordinate breastfeeding promotion and support activities
- ☒ A requirement that each local agency incorporate task-appropriate breastfeeding promotion and support training into orientation programs for new staff involved in direct contact with WIC participants.
- ☒ A plan to ensure that women have access to breastfeeding promotion and support activities during the prenatal and postpartum periods
- ☒ A plan to ensure that women have access to continued breastfeeding promotion and support when normal operations are disrupted
- ☒ Participant breastfeeding assessment
- ☒ Food package prescription and tailoring based on breastfeeding and nutrition assessment
- ☒ Data collection (at State and local level)
- ☒ Referral criteria
- ☒ Peer counseling

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☒ Other (specify): Annual continuing education (

7. Breastfeeding Peer Counseling

a. Does the State agency request WIC Breastfeeding Peer Counseling (BFPC) funds to develop and/or maintain a peer counselor program?

☒ Yes ☐ No

If yes, the State agency is requesting to receive which of the following amounts in BFPC funds for the upcoming fiscal year (select only one amount)? Please consider available BFPC funds from prior fiscal years when making this request.

☒ Full amount of available BFPC funds.
☐ Specific amount of available BFPC funds $_____. (Not to exceed the full amount available.)

b. Attach a copy of an updated line-item budget, *with written narrative*, demonstrating how peer counseling funds are being used for approved peer counseling activities. Include the citation for the attachment here: II Nutrition Services Appendix

c. Please provide the approximate number of WIC peer counselors in your State:
111

d. Please provide the approximate number of Designated Breastfeeding Experts in your State
105

e. Please provide the number of local agencies designated by the State agency to receive funds to operate peer counseling programs.
83

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):
NC WIC Program Manual, C

8. Breastfeeding Peer Counseling Program Components- The State agency coordinates with local agencies and/or clinics to develop a breastfeeding peer counseling program that contains the following components (see WIC Breastfeeding Model Components for Peer Counseling):

a. Definition of peer counselor defined as follows: paraprofessional recruited and hired from target population; available to WIC participants outside usual clinic hours and outside the WIC clinic.

☒ Yes ☐ No

b. Designated breastfeeding peer counseling program managers/coordinators at State and/or local level.

☒ Yes ☐ No

c. Defined job parameters and job descriptions for breastfeeding peer counselors.
☒ Yes ☐ No

If yes, the job parameters for peer counselors (check all that apply):

☒ Define settings for peer counseling service delivery (check all that apply):

☒ Home (peer counselor makes telephone calls from home)
☒ Participant's home (peer counselor makes home visits)

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- ☒ Clinic
- ☒ Hospital

☒ Define frequency of participants contacts
☒ Define procedures for making referrals
☒ Define scope of practice of peer counselor

d. Defined job parameters and job description for designated breastfeeding expert.
☒ Yes ☐ No

e. Compensation and reimbursement of breastfeeding peer counselors.
☒ Yes ☐ No

f. Training of State and local staff (managers, designated breastfeeding experts, peer counselors, CPAs, others) using the FNS-developed breastfeeding training curriculum.

☒ Yes ☐ No

g. Training of WIC clinic staff about the role of the WIC peer counselor

☒ Yes ☐ No

h. Establishment of standardized breastfeeding peer counseling program policies and procedures (check all that apply):

☒ Timing and frequency of contacts
☒ Documentation of participants contacts
☒ Referral protocols
☒ Confidentiality
☐ Use of social media
☐ Other (specify): _____

i. Adequate supervision and monitoring of breastfeeding peer counselors through (check all that apply):

☒ Regular, systematic contact with peer counselor
☒ Regular, systematic review of peer counselor contact logs
☒ Regular, systematic review of peer counselor contact documentation
☒ Spot checks
☒ Observation
☒ Other (specify): Annual on-site monitoring or l

j. Participation in community partnerships to enhance the effectiveness of breastfeeding peer counseling programs (check all that apply):

☒ Breastfeeding coalitions
☒ Businesses
☒ Community organizations
☒ Cooperative extension
☒ La Leche League
☒ Hospitals

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- ☒ Home visiting programs
- ☒ Private Healthcare clinics
- ☒ Other (specify): Schools/Universities, Faith-Ba

k. Adequate support of peer counselors by providing the following (check all that apply):

- ☒ Timely access to WIC-designated breastfeeding experts for referrals outside peer counselors' scope of practice
- ☒ Mentoring of newly trained peer counselors in early months of job
- ☒ Regular contact with supervisor
- ☒ Participation in clinic staff meetings as part of WIC team
- ☒ Opportunities to meet regularly with other peer counselors
- ☐ Other (specify): _____

l. Provision of training and continuing education of peer counselors (check all that apply):

- ☒ Standardized training using FNS-developed curriculum
- ☒ Ongoing training at regularly scheduled meetings
- ☐ Home Study
- ☒ Opportunities to "shadow" or observe lactation experts and other peer counselors
- ☐ Training/experience to become senior level peer counselors, WIC-Designated Breastfeeding Expert, etc.
- ☐ Other (specify): _____ ☐ Other (specify): _____

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):
North Carolina WIC Program

B. Food Package Design

For FY 2025 State agencies may reference the WIC Policy Memorandum #2024-5: Implementing the Provisions of the *Special Supplemental Nutrition Program for Women, Infants, and Children* Final Rule when completing this section.

1. Authorized WIC-Eligible Foods

a. Include a copy of the current State-authorized food list and the individual food package design for each category in the Appendix or cite Procedure Manual reference:

b. The State agency considers the following when making decisions about authorizing WIC-eligible foods other than WIC formulas:

- ☒ Federal regulatory requirements
- ☒ Participant acceptance
- ☒ Statewide availability
- ☒ Healthcare provider request
- ☒ Nutritional value
- ☒ Cost
- ☒ Participant cultural consideration
- ☐ Other (specify): _____

c. The State agency utilizes additional State nutritional criteria for authorizing foods for the State WIC food list, in addition to the minimum Federal regulatory requirements.

☒ Yes ☐ No

If yes, describe actual values or criteria identified by the State. Enter "n/a" if not

applicable. (i.e. artificial sweeteners, artificial color/flavor, low sodium, etc.):

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d. The State agency provides the maximum amount of all authorized foods allowed in accordance with the Federal WIC regulations at section 7 CFR 246.10 for each of the seven WIC Food Packages (I-VII).

Yes	No	
◉	○	Pregnant women/Partially (Mostly) Breastfeeding
◉	○	Fully Breastfeeding women
◉	○	Postpartum, non-breastfeeding women
◉	○	Infants 0-5 months
◉	○	Infants 6-11 months
◉	○	Children

e. WIC Formulas:

(1) The State agency establishes policies regarding the issuance of primary contract, contract, and non-contract brand infant formula.
☒ Yes ☐ No

(2) The State agency requires medical documentation for contract infant formula (that does not meet the requirements in Table 4 at 7 CFR 246.10(e)(12) per 246.10(d)(1)(vi)).
☐ Yes ☒ No

(3) The State agency requires medical documentation for contract formula (other than primary contract formula per 7 CFR 246.16a(c)(9).
☐ Yes ☒ No

(4) The State agency requires medical documentation for non-contract infant formula.
☒ Yes ☐ No

(5) The State agency requires medical documentation for exempt infant formula/ WIC eligible nutritionals.
☒ Yes ☐ No

(6) State agency authorizes local agencies to issue a non-contract brand infant formula that meets the requirements of Table 4 in 7 CFR 246.10(e)(12) without medical documentation in order to meet religious eating patterns:
☐ Yes ☒ No

(7) The State agency coordinates with medical payors and other programs that provide or reimburse for exempt infant formulas and WIC-eligible nutritionals per Section 7 CFR 246.10(e)(3)(vi).
☐ Yes ☒ No

If yes, describe the State agency reimbursement and/or referral system used for this coordination? Include describing monitoring/tracking tools in place to ensure program integrity.

_____

If no, has the State agency met the requirement to annually contact their State Medicaid counterparts regarding the payment of WIC-eligible exempt infant formulas and medical foods

to mutual program participants per WIC Policy Memo #2015-7?

☒ Yes ☐ No

Please attach and provide the citation for any existing written agreement between the State agency and the State Medicaid office as well as local government agencies or private agencies regarding payment of WIC- eligible exempt infant formulas and medical foods.

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f. Rounding:

(1) The State agency management information systems is flexible for issuing infant formula to support the option to use either method (i.e., monthly issuance or rounding up methodology) for the timeframes (the number of months the participant will receive the food packages).

☒ Yes ☐ No

(2) The State agency management information systems supports the ability for infant formula to be individual tailored when using either method (i.e., monthly issuance or rounding up methodology) for the timeframes (the number of months the participant will receive the food packages).

☒ Yes ☐ No

(3) Does the State agency issue infant formula according to the specific rounding methodology per Section 7 CFR 246.10(h)(1)?

☒ Yes ☐ No

(4) Does the State agency issue infant foods according to the specific rounding methodology per Section 7 CFR 246.10(h)(2)?

☐ Yes ☒ No

(5) If the State agency implemented the rounding option for issuing infant foods, are there established written policies in place?

☐ Yes ☐ No

g. Is infant formula issued in the 1st month to partially breastfed infants?

☒ Yes ☐ No

h. State policies & materials reflect the definition of "supplemental foods" as defined 7 CFR 246.2 and in the Child Nutrition Act.

☒ Yes ☐ No

i. Does the State agency only allow issuance of reduced fat (2%) milk to children ≥ 24 months of age and women with certain conditions, including but not limited to, underweight and maternal weight loss during pregnancy, in accordance with Footnote 10 of Table 2 in 7 CFR 246.10(e)(10)?

☒ Yes ☐ No

j. Does the State agency allow issuance of fat-reduced milks to 1-year-old children for whom overweight, or obesity is a concern, in accordance with Footnote 9 of Table 2 in 7 CFR 246.10(e)(10)?

☒ Yes ☐ No

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

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2. Individual Nutrition Tailoring

a. The State agency allows individual nutrition tailoring of food packages only in accordance with 7 CFR 246.10(c).

☐ Yes ☐ No

b. The State agency provides a special individually tailored package for

☐ Homeless individuals and those with limited cooking facilities
☐ Residents of institutions
☐ Other (specify): Participants with specific mec

ADDITIONAL DETAIL: Please attach copies of all food packages that are tailored. Nutrition Services Appendix and/or Procedure Manual (citation):

North Carolina WIC Program

c. The State agency develops written individual nutrition tailoring policies and supportive science-based nutrition rationale based on the following participant characteristics:

☐ Does not develop individual nutrition tailoring policies

☐ Develops based on (check all that apply):

☐ Nutrition risk

☐ Nutrition and breastfeeding assessment

☐ Participant preference

☐ Household condition

☐ Other (specify): _____

d. The State agency allows local agencies to develop specific individual tailoring guidelines.

☐ Yes ☐ No

If yes, check those of the following methods used by the State agency to review or approve local agency tailoring guidelines:

☐ Local agencies are required to submit individual tailoring guidelines for State approval
☐ Local agency individual tailoring guidelines are monitored annually during local agency reviews
☐ Agency reviews
☐ Other (specify): _____

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

North Carolina WIC Program

3. Prescribing Packages

a. Individuals allowed to prescribe food packages:

	Standard food package	Individually tailored food package

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CPA	☑	☑
Other (specify by typing into the cells below):	☐	☐
_____	☐	☐

ADDITIONAL DETAIL: Provide a copy of the actual foods included in the homeless and institution packages in the Appendix or cite Procedure Manual. Attach copies of all food packages that are tailored.
Nutrition Services Appendix and/or Procedure Manual (citation): North Carolina WIC Program

C. Staff Training

WIC Nutrition Services Standards (NSS) ensure that staff receive sufficient orientation, competency-based training and as appropriate, continuing education activities (quarterly recommended) as well as periodic performance evaluations. The State agency provides or sponsors the following training for WIC competent professional authorities:

	Professionals		**Paraprofessionals** (may or may not be CPAs in some SAs)	
	Regularly	**As Needed**	**Regularly**	**As Needed**
General nutrition education methodology	☑	☐	☐	☐
State certification policies/procedures	☑	☐	☐	☐
Anthropometric measurements	☐	☑	☐	☐
Blood work procedures	☐	☑	☐	☐
Nutrition counseling techniques	☐	☑	☐	☐
Breastfeeding promotion/support	☑	☐	☐	☐
Nutrition and breastfeeding assessment techniques	☐	☑	☐	☐
WIC Nutrition risk criteria	☑	☐	☐	☐
Prescribing & tailoring food packages	☑	☐	☐	☐
Referral protocol	☐	☑	☐	☐
Screening protocol (if applicable)	☐	☑	☐	☐
Maternal, infant, and child nutrition	☑	☐	☐	☐
Cultural competencies	☐	☑	☐	☐
Customer service	☑	☐	☐	☐
Immunization Screening/referral	☐	☑	☐	☐
Care Plan Development	☐	☑	☐	☐
VENA staff competency training	☐	☑	☐	☐
Substance abuse prevention	☐	☑	☐	☐
Delivery of nutrition services in hybrid environment (e.g., continuity of care, confidentiality, documentation, etc.)	☐	☑	☐	☐

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Other (specify by typing in cells below):

_____	☐	☐	☐	☐

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation): (Please describe the type of training conducted or offered that correlates to the boxes selected above).

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